Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.MyAmeriBen.com</u> or call 1-866-365-9198. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.MyAmeriBen.com</u> or call 1-866-365-9198 to request a copy.

Important Questions	Answers			Why This Matters:
		In-Network	Out-of-Network	
	Per participant:	\$750	\$1,500	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u>
What is the overall	Per family:	\$1,500	\$3,000	amount before this plan begins to pay. If you have other family members on the plan, each family member must meet
deductible?	Does not apply to amounts in excess of the <u>allowed</u> <u>amount</u> , services not covered, outpatient prescription drugs, or <u>preventive care</u> . The <u>deductible</u> restarts on July 1, 2024 and applies until June 30, 2025.			their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. Some services such as office visits require a co-payment while <u>preventive care</u> is provided at no cost.		•	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.
		In-Network	Out-of-Network	
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Per participant:	\$5,750	\$9,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
<u>ριαιι</u> :	Per family:	\$11,500	\$9,000 per person	pocket iiitiits uttii tile overali laitiily <u>out-or-pocket iittiit</u> tias beeti tilet.
What is not included in the <u>out-of-pocket limit</u> ?	certification amounts in excess of the allowed		ailing to follow pre- f the <u>allowed</u> r the dental and	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, for medical: Blue Cross Blue Shield of Arizona. For a list of network providers, call AmeriBen, at 1-866-365-9198 or visit www.azblue.com/chsnetwork. Yes, for medical services rendered in Mexico: International Medical Solutions (IMS). For a list of network providers, call IMS at 1-928-446-6179 (United States) or 1-653-690-1874 (Mexico), or visit www.internationalmedsolutions.com/. Yes, for prescription drugs: MagellanRx. For a list of retail and mail pharmacies, log on to www.magellanrx.com.	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an out-of-network provider for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
	Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	16	Primary care visit to treat an injury or illness	\$25 co-payment/visit, deductible waived	50% co-insurance after deductible	Co-payment includes lab work. All other
		Specialist visit	\$25 co-payment/visit, deductible waived	50% co-insurance after deductible	services performed during the office visit are paid at the applicable benefit level.
	If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	50% co-insurance after deductible	<u>Deductible</u> does not apply for <u>preventive</u> <u>services</u> rendered in-network. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>Plan</u> will pay for.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Laboratory \$25 co-payment/visit, deductible waived Pre-Admission Test No charge Radiology 20% co-insurance after deductible Sleep Study 20% co-insurance	Laboratory 50% co-insurance after deductible Pre-Admission Test No charge Radiology 50% co-insurance after deductible Sleep Study Not Covered	Covered only when ordered by a physician. Lab tests obtained and performed within the physician's office are payable under the office visit co-payment when an office visit is billed on the same date of service.
	Imaging (CT/PET scans, MRIs)	after deductible 20% co-insurance after deductible	50% co-insurance after deductible	Covered only when ordered by a physician.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.magellanrx.com.	Generic drugs	Retail \$10 co-payment/prescription, or cost of the drug if less than \$10 Mail Order \$20 co-payment/prescription		Covers up to a thirty (30) day supply for retail prescriptions and up to a ninety (90) day
	Formulary brand drugs	\$10 co-payment/prescri greater, to a n	etail ption, or 30%, whichever is naximum of \$150 Order	supply for mail order prescriptions. Direct member reimbursement for use of an out-of-network retail pharmacy. There is no charge for FDA-approved generic contraceptives received in network.
	Non-formulary brand drugs	\$40 co-payment/prescription Retail \$10 co-payment/prescription, or 40%, whichever is greater, to a maximum of \$150 plus the difference between the cost of the brand vs generic drug Mail Order		Not all <u>prescription drugs</u> are covered. To determine if a specific drug is covered under your <u>Plan</u> , log into your account at <u>www.magellanrx.com</u> .
		\$60 co-payment/prescription		

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.magellanrx.com.	Specialty drugs	25% co-insurance/prescription, to a maximum of \$150 per 30-day supply		Specialty drugs may be subject to dispensing limits.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% co-insurance after deductible	50% co-insurance after deductible	Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.	
surgery	Physician/surgeon fees	20% co-insurance after deductible	50% co-insurance after deductible	none	
If you need immediate medical attention	Emergency room care	\$150 co-payment/visit then 20% co-insurance after deductible	\$150 co-payment/visit then 20% co-insurance after deductible	In-network <u>deductible</u> applies to out-of-network ER services. <u>Co-payment</u> is waived if admitted.	
	Emergency medical transportation	20% co-insurance after deductible	True Emergency: 20% co-insurance after deductible Non-Emergency: 50% co-insurance after deductible	none	
	<u>Urgent care</u>	\$50 co-payment/visit, deductible waived	\$50 co-payment/visit then 50% co-insurance, deductible waived	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-insurance after deductible	50% co-insurance after deductible	For inpatient rehabilitation admissions, refer to Rehabilitation services. Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.	
	Physician/surgeon fees	20% co-insurance after deductible	50% co-insurance after deductible	none	

 $[\]hbox{* For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.MyAmeriBen.com}$.}$

Common	Services You May Need	What Y	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event		Network Provider	Non-Network Provider	Information	
		(You will pay the least)	(You will pay the most) 50% co-insurance		
If you need mental	Outpatient services	\$25 co-payment/visit, deductible waived	after deductible	none-	
health, behavioral health, or substance abuse services	Inpatient services	20% co-insurance after deductible	50% co-insurance after deductible	Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.	
If you are pregnant	Office visits	No Charge	50% co-insurance after deductible	Network co-payments are waived if OB/GYN care begins in first trimester of pregnancy. Maternity care may include tests and services described elsewhere in the SBC. Depending on the type of services, a co-insurance or deductible may apply	
	Childbirth/delivery professional services	20% co-insurance after deductible	50% co-insurance after deductible	Cost sharing does not apply for preventive services.	
	Childbirth/delivery facility services	20% co-insurance after deductible	50% co-insurance after deductible	Pre-certification is required for extended stay. Payment for the service may not be covered if pre-certification is not obtained.	
If you need help recovering or have other special needs	Home health care	20% co-insurance after deductible	50% co-insurance after deductible	Includes part-time, intermittent skilled nursing care services and medically necessary supplies to provide home health care or home infusion services. Home services other than skilled nursing care are not covered. Annual Maximum: Sixty (60) visits per plan participant. Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.	

 $[\]hbox{* For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.MyAmeriBen.com}$.}$

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Rehabilitation services	20% co-insurance after deductible	No coverage for inpatient rehabilitation facility admission. All other services 50% co-insurance after deductible	Benefit Maximum: Outpatient rehabilitation benefit (any combination of physical, occupational, or speech therapy) is payable to fifty (50) visits per person per injury or illness. Inpatient rehabilitation admission is limited to sixty (60) consecutive days per person per injury or illness. Pre-certification is required for inpatient admissions. Payment for the service may not be covered if pre-certification is not obtained.
If you need help	Habilitation services	Not Covered	Not Covered	none
recovering or have other special needs	Skilled nursing care	20% co-insurance after deductible	Not Covered	Annual Maximum: Sixty (60) days per plan participant. Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.
	Durable medical equipment	20% co-insurance after deductible	50% co-insurance after deductible	Pre-certification is required for durable medical equipment in excess of \$5,000 per item. Payment for the equipment may not be covered if pre-certification is not obtained.
	Hospice services	20% co-insurance after deductible	50% co-insurance after deductible	Pre-certification is required. Payment for the service may not be covered if pre-certification is not obtained.
	Children's eye exam	No Charge	50% co-insurance after deductible	Covered only if provided during a well-child visit.
dental or eye care	Children's glasses	Not Covered	Not Covered	none
	Children's dental check-up	Not Covered	Not Covered	Dental benefits are a separate election.

 $[\]hbox{* For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.MyAmeriBen.com}$.}$

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult or Child)
- Routine eye care (Adult or Child)

- Habilitation services
- Hearing aids
- Infertility treatment
- Non-emergency care when traveling outside the U.S. and Mexico
- Private duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

Long-term care

Non-emergency care when traveling in Mexico

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. You may also contact the Plan's COBRA Administrator at AmeriBen, P.O. Box 7186, Boise ID 83707, 1-866-365-9198. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Plan Administrator at 1-928-344-7515

You may also contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen

Attention: Appeals Coordination P.O. Box 7186 Boise, ID 83707 1-866-365-9198

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

^{*} For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-365-9198.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-365-9198.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-365-9198.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-365-9198.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$75
■ Specialist co-payment	\$25
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$750	
Copayments	\$90	
Coinsurance	\$2,000	
What isn't covered		
Limits or exclusions	\$20	
The total Peg would pay is	\$2,860	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$750
■ Specialist co-payment	\$25
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

\$12,700

Total Example Cost

Durable medical equipment (glucose meter)

In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$1,500
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$1,500

\$5,600

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist co-payment	\$25
Hospital (facility) cost sharing	20%
Other cost sharing	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost

In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$750
Copayments	\$200
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,350

\$2,800